

JUNE

Mount Vernon School District Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday
30-May Memorial Day! No School No Food Services	31-May Breaded Chicken Burger Lays Potato Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	1-Jun Corndog Tator Tots Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	2-Jun Chicken Nuggets Breadstick Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	3-Jun Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
	Cereal Choice & Cracker <i>Fresh Fruit & 1% Milk</i>	Pancake & Sausage on a Stick <i>Fresh Fruit & 1% Milk</i>	Breakfast Pizza <i>Fresh Fruit & 1% Milk</i>	Belgium Waffle & Yogurt <i>Fresh Fruit & 1% Milk</i>
6-Jun Cheese Stuffed Breadstick Bites Marinara Sauce Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	7-Jun Hamburger French Fries Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	8-Jun Breakfast For Lunch French Toast and Sausage Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	9-Jun Burrito w/ Hot Sauce Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	10-Jun Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
Cereal Choice & Cracker <i>Fresh Fruit & 1% Milk</i>	Pancake & Sausage on a Stick <i>Fresh Fruit & 1% Milk</i>	Mini Cinni <i>Fresh Fruit & 1% Milk</i>	Breakfast Pizza <i>Fresh Fruit & 1% Milk</i>	Belgium Waffle & Yogurt <i>Fresh Fruit & 1% Milk</i>
13-Jun Chicken Strips Tatot Tots Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	14-Jun Hotdog Chips/Fries Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	15-Jun Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	16-Jun Super Pretzel Cheese Stuffed. String Cheese and Vegetables 1% White Milk or Chocolate Milk	17-Jun SunButter & Jelly Sandwich Crackers/Chips Ice Cream Bar! Fresh Fruit and Veg 1% White Milk or Chocolate Milk
Cereal Choice & Cracker <i>Fresh Fruit & 1% Milk</i>	Pancake & Sausage on a Stick <i>Fresh Fruit & 1% Milk</i>	Mini Cinni <i>Fresh Fruit & 1% Milk</i>	Breakfast Pizza <i>Fresh Fruit & 1% Milk</i>	Belgium Waffle & Yogurt <i>Fresh Fruit & 1% Milk</i>
<p>This institution is an equal opportunity provider and employer. Menu subject to change without notice.</p> <p>Questions? Call David Connors, Food Services Director, at (360) 428-6149.</p>				
				

